



Psychoanalytic Psychotherapy Program Schedule 2026-2028

Wednesday evenings

6pm-7:30pm Central Time

Subject to modification--NOBPC will provide the full curriculum each year as staffing is finalized

YEAR ONE SEMESTER 1 Fall 2026

Summer 2026 Reading (prior to class beginning)

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| 1. September 9 | Introduction to the Course: Overview of Psychoanalytic Psychotherapy |
| 2. September 16 | Opening Phase--Initial Sessions 1 |
| 3. September 23 | Opening Phase -- Initial Sessions 2 |
| 4. September 30 | Case Conference: Applications of Classes 1-3 |
| 5. October 7 | Assessment of Levels of Functioning 1 |
| 6. October 14 | Assessment of Levels of Functioning 2 |
| 7. October 21 | Case Conference: Levels of Functioning |
| 8. October 28 | Opening Phase: Object and Self |
| 9. November 4 | Opening Phase: Conflict and Defense |
| 10. November 11 | Opening Phase: Affect |
| 11. November 18 | Case Conference: Applications of Concepts in Opening Phase |
| November 25 | Thanksgiving Break |
| 12. December 2 | Psychodynamic Formulation and Case Report 1 |
| 13. December 9 | Psychodynamic Formulation and Case Report 2 |
| 14. December 16 | Case Conference: Formulation |
| December 23 | Winter Break |
| December 30 | Winter Break |

YEAR ONE SEMESTER 2 Spring 2027

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| 15. January 6 | Transference (Overview) |
| 16. January 13 | Countertransference (Overview) |
| 17. January 20 | Case Conference: Transference/Countertransference |
| 18. January 27 | Development: Infancy and Attachment |
| February 3 | Mardi Gras Break |
| February 10 | Ash Wednesday No Class |
| 19. February 17 | Case Conference: Attachment |
| 20. February 24 | Development: Latency and Early Adolescence |
| 21. March 3 | Development: Mid- to Late Adolescence/Early Adulthood |
| 22. March 10 | Case Conference: Adolescence/Early Adulthood |
| 23. March 17 | Development: Adulthood and Old Age |
| 24. March 24 | Case Conference: Adulthood and Old Age |
| March 31 | Spring Break |
| 25. April 7 | Mid-Phase Overview |
| 26. April 14 | Case Conference: Mid-Phase |

Summer Reading 2027

YEAR TWO SEMESTER 1 Fall 2027 (Tentative Dates)

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| 1. September 8 | Deepening the Treatment in Mid-Phase |
| 2. September 15 | Case Conference |
| 3. September 22 | Dreamwork |
| 4. September 29 | Case Conference |
| 5. October 6 | Enactments |
| 6. October 13 | Case Conference |
| 7. October 20 | Mid-Phase: Listening |
| 8. October 27 | Case Conference |
| 9. November 3 | Mid-Phase: Interpretation (Overview) |
| 10. November 10 | Case Conference |
| 11. November 17 | Mid-Phase: Interpreting Resistance and Defense |
| November 24 | Thanksgiving Break |
| 12. December 1 | Case Conference |
| 13. December 8 | Mid-Phase: Interpreting Transference |
| 14. December 15 | Case Conference |
| DECEMBER 22 | Winter Break |
| DECEMBER 29 | Winter Break |

YEAR TWO SEMESTER 2 Spring 2028 (Tentative Dates)

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| 15. January 5 | Mid-Phase: Issues in Technique |
| 16. January 12 | Case Conference |
| 17. January 19 | Mid-Phase: Cultural Aspects of the Treatment |
| 18. January 26 | Case Conference |
| 19. February 2 | Termination Phase: Characteristics and Goals |
| 20. February 9 | Case Conference |
| 21. February 16 | Termination Phase: Regression and Repetition |
| February 23 | Mardi Gras Break |
| March 1 | Ash Wednesday No Class |
| 22. March 8 | Case Conference |
| 23. March 15 | Termination Phase: The Final Sessions |
| 24. March 22 | Case Conference |
| 25. March 29 | Wrapping up; Written questions solicited in advance |
| 26. April 5 | Case Conference |