



Psychoanalytic Psychotherapy Program Schedule 2026-2028

Wednesday evenings

6pm-7:30pm Central Time

Subject to modification--NOBPC will provide the full curriculum each year as staffing is finalized

YEAR ONE SEMESTER 1 Fall 2026

Summer 2026 Reading (prior to class beginning)

1. September 9	Introduction to the Course: Overview of Psychoanalytic Psychotherapy
2. September 16	Opening Phase--Initial Sessions 1
3. September 23	Opening Phase -- Initial Sessions 2
4. September 30	Case Conference: Applications of Classes 1-3
5. October 7	Assessment of Levels of Functioning 1
6. October 14	Assessment of Levels of Functioning 2
7. October 21	Case Conference: Levels of Functioning
8. October 28	Opening Phase: Object and Self
9. November 4	Opening Phase: Conflict and Defense
10. November 11	Opening Phase: Affect
11. November 18	Case Conference: Applications of Concepts in Opening Phase
November 25	Thanksgiving Break
12. December 2	Psychodynamic Formulation and Case Report 1
13. December 9	Psychodynamic Formulation and Case Report 2
14. December 16	Case Conference: Formulation
December 23	Winter Break
December 30	Winter Break

YEAR ONE SEMESTER 2 Spring 2027

15. January 6	Transference (Overview)
16. January 13	Countertransference (Overview)
17. January 20	Case Conference: Transference/Countertransference
18. January 27	Development: Infancy and Attachment
February 3	Mardi Gras Break
February 10	Ash Wednesday No Class
19. February 17	Case Conference: Attachment
20. February 24	Development: Latency and Early Adolescence
21. March 3	Development: Mid- to Late Adolescence/Early Adulthood
22. March 10	Case Conference: Adolescence/Early Adulthood
23. March 17	Development: Adulthood and Old Age
24. March 24	Case Conference: Adulthood and Old Age
March 31	Spring Break
25. April 7	Mid-Phase Overview
26. April 14	Case Conference: Mid-Phase

Summer Reading 2027

YEAR TWO SEMESTER 1 Fall 2027 (Tentative Dates)

1. September 8	Deepening the Treatment in Mid-Phase
2. September 15	Case Conference
3. September 22	Dreamwork
4. September 29	Case Conference
5. October 6	Enactments
6. October 13	Case Conference
7. October 20	Mid-Phase: Listening
8. October 27	Case Conference
9. November 3	Mid-Phase: Interpretation (Overview)
10. November 10	Case Conference
11. November 17	Mid-Phase: Interpreting Resistance and Defense
November 24	Thanksgiving Break
12. December 1	Case Conference
13. December 8	Mid-Phase: Interpreting Transference
14. December 15	Case Conference
DECEMBER 22	Winter Break
DECEMBER 29	Winter Break

YEAR TWO SEMESTER 2 Spring 2028 (Tentative Dates)

15. January 5	Mid-Phase: Issues in Technique
16. January 12	Case Conference
17. January 19	Mid-Phase: Cultural Aspects of the Treatment
18. January 26	Case Conference
19. February 2	Termination Phase: Characteristics and Goals
20. February 9	Case Conference
21. February 16	Termination Phase: Regression and Repetition
February 23	Mardi Gras Break
March 1	Ash Wednesday No Class
22. March 8	Case Conference
23. March 15	Termination Phase: The Final Sessions
24. March 22	Case Conference
25. March 29	Wrapping up; Written questions solicited in advance
26. April 5	Case Conference